## JUSCO RSG 2019/2020 Calendar: Recreational +Interclub

Group/Level	MONDAY Bond	TUESDAY Bond	WEDNESDAY Bond	THURSDAY Bond	FRIDAY Bond	SATURDAY Bond
4-5 years old			Rec 1: 4:30-5:30pm			Rec 2: 11:30–1:00pm *Rec 3 11:30-1:00pm
6-7 years old Rec Beginners & Intermediate			Rec 2 5:30-7:00pm *Rec 3: 5:30-7:00pm		Rec 2 6:00-7:30pm *Rec 3: 6:00-7:30pm	
8-9 years old Rec-Intermediate			*Rec 3: 7:00-8:30 pm		*Rec 3: 6:00-7:30pm	
Interclub level 2&3 + Pre- Comp 7-8-9 years old		4:30-7:00pm by selection	4:30-7:00pm by selection 2x week			1:00-3:30pm 3x week
Advance Interclub level 3-4 10-11-12 + years old		6:30-9:00pm by selection	6:30-9pmpm by selection 2x week			1:00 – 3:30pm 3x week
Level 5 12 + years old		6:30-9:00pm	Poo 2: 1v 1 5 Hrs			

Rec 1: 1Hr - Rec 2: 1x 1.5 Hrs - Rec 3: 2x 1.5 Hrs